



# Pub Menu



226 FRONT STREET NORTH, SARNIA, ON N7T 5S5 • 519-336-0337

TAKE-OUT • LIVE MUSIC 4 DAYS A WEEK • 24 ON TAP



**THIS SYMBOL INDICATES THAT THE ITEM IS AVAILABLE AS GLUTEN FREE**

**A \$2 charge will be added to all gluten free options, excluding shepherds pie, desserts & salads**



## Starters:

### **PUB COMBO..... 28**

The Original Sharing Platter! Chicken wings, potato skins, onion rings, garlic cheese bread, fried ravioli, cheese stuffed jalapeños, dill pickle spears with veggies and dip.

### **SKINNY DIPPERS..... 13/lb**

Seasoned, shaved potato skins deep fried and served with choice of dip.

### **GARLIC BREAD with CHEESE..... 13**

Crusty Italian bread, topped with home-made garlic butter and melted cheese.

### **POTATO SKINS..... 15**

Crisp skins with cheese, bacon and scallion filling. Served with sour cream.

### **CRAB STUFFED MUSHROOMS..... 16**

Mushrooms sautéed in garlic butter and topped with a cream cheese and crab filling. Sprinkled with cheese and glazed.

### **ARMADILLO EGGS..... 15**

Breaded cheese stuffed jalapenos, deep fried to a golden brown and served with sour cream.

### **SPAGHETTI BALLS..... 16**

Two Italian meatballs wrapped in spaghetti noodles with marinara sauce and topped with mozzarella cheese. Served with two garlic bread.

### **COCONUT SHRIMP..... 17**

Coconut breaded butterfly shrimp, deep fried golden brown, with a coconut cream curry dip.

### **BREADED FRIED RAVIOLI..... 15**

Crisp, breaded three cheese ravioli on a bed of Marinara sauce.

### **CAULIFLOWER WINGS..... 15**

Crisp, tempura battered cauliflower bites tossed in your choice of sauce and served with carrot and celery sticks and choice of blue cheese or ranch dressing. Sauces : hot, mild, medium, honey garlic

### **PITA CRISPS & DIP..... 16**

A creamy blend of cheeses, spinach and artichokes, served with toasted pita chips or tortilla crisps.

### **DILL PICKLE SPEARS..... 14**

Crisp, breaded dill pickle spears, served with creamy ranch dressing.

## Soup & Salad:

### **SOUP OF THE DAY..... Sm. 7 / Lg. 10**

### **FRENCH ONION SOUP..... 12**

Spanish onions, simmered in a hearty beef broth, topped with croutons, three cheeses, baked golden brown. Served in a 12 ounce crock.

### **STEAK & BLUE CHEESE SALAD..... Sm. 16 / Lg. 20**

Mixed greens & assorted fresh vegetables topped with crumbled blue cheese & Grilled 6oz Steak. Served with blue cheese dressing.

### **CLASSIC CAESAR SALAD..... Sm. 13 / Lg. 18**

Crisp romaine lettuce, fresh croutons, real bacon bits, parmesan cheese lightly tossed in a premium Caesar dressing.

### **GREEK SALAD..... Sm. 15 / Lg. 19**

Romaine lettuce, red onions, tomato, feta cheese, cucumber, black olives, drizzled in home-made oil & vinegar dressing.

### **JULIENNE SALAD..... Sm. 16 / Lg. 20**

Mixed greens & assorted fresh vegetables, topped with roast beef, ham, turkey, Swiss cheese & hard boiled egg.

### **GARDEN SALAD..... Sm. 11 / Lg. 16**

Mixed greens & assorted fresh vegetables.

### **SALAD OF THE WEEK..... 20**

Ask your server for details

### **SALAD ADD-ONS..... 7**

Grilled Chicken, 6oz Steak, Shrimp (available with salad options only)

**DRESSING:** Ranch, Raspberry, Balsamic, Italian, Oil & Vinegar, Blue Cheese, Basil, French or Thousand Islands

## Pub Grub:

### **FISH & CHIPS..... 1pc. 19 / 2pc. 24**

Our famous beer battered haddock, served with a generous portion of fresh-cut fries, lemon, tartar sauce and coleslaw.

### **CHICKEN FINGERS..... 19**

All breast meat chicken strips, deep fried golden brown. Served with a generous helping of fresh-cut fries. Choice of plum sauce or honey.

### **PUB NACHOS..... Sm. 21 / Lg. 26**

Corn chips, diced tomato, green onion and mixed cheese. Served with salsa, jalapeños and sour cream.

**ADD CHICKEN or CHILI..... 3**

### **CHICKEN WINGS..... 18/lb**

One pound of plump, meaty wings, dipped in a seasoned coating and deep fried to a crisp golden brown. Served with crisp vegetables. Choice of: Mild, Medium, Hot, Cajun, Honey Garlic, Lemon Pepper, Fire & Ice, Apple BBQ or Plain.

### **PASTA BAKE..... 21**

Onions, peppers with spicy Italian sausage, tossed in fresh marinara sauce with penne rigate. Topped with cheese and baked to a golden brown. Served with garlic bread.

### **SHEPHERDS PIE..... 19**

Minced beef and vegetables in a rich gravy, topped with fresh whipped potato and fresh vegetables.

### **BANGERS & MASH..... 19**

English style sausage served with creamy whipped potato, fresh vegetables, with a rich brown gravy.

### **HOME-STYLE CHICKEN POT PIE..... 19**

A homemade chicken stew, topped with pastry and baked to a golden brown. Served with vegetables and choice of potato.

**MONDAY  
WINGS  
STARTING @ 3PM**  
HALF PRICE WINGS! • 1 lb Minimum

*Dine-in Only*

**CURRY  
FRIDAY**

*Our famous English style  
curry made fresh every week.*

**BEEF • CHICKEN • LAMB**  
*A different flavour every Friday.*

*Great for Take-Out!*

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**DAILY SPECIALS,  
MENUS & EVENTS**

**Please Visit: [www.upsndowns.net](http://www.upsndowns.net)**





## Kids:

Kids meals come with a small drink, a scoop of ice cream with a topping of their choice. Available to children 10yrs and younger.

<b>HOT DOG &amp; FRIES</b> .....	11
<b>HAM &amp; CHEESE PIZZA WITH FRIES</b> ...	11
☒ <b>FISH &amp; CHIPS</b> .....	12
<b>GRILLED CHEESE &amp; FRIES</b> .....	11
☒ <b>CHICKEN FINGERS &amp; FRIES</b> .....	11
☒ <b>HAMBURGER &amp; FRIES</b> .....	12
<b>SPAGHETTI &amp; TOMATO SAUCE</b> .....	11
☒ <b>SMALL CHEESE NACHOS</b> .....	11

## Munchies:

☒ <b>BASKET of FRIES</b> .....	8
☒ <b>BASKET of SWEET POTATO FRIES</b> ...	10
<b>CURRY FRIES</b> .....	10
☒ <b>CHILI CHEESE FRIES</b> .....	10
<b>BASKET of ONION RINGS</b> .....	9
☒ <b>POUTINE</b> .....	10
☒ <b>BASKET OF NACHOS</b> .....	6

## Extras:

<b>GRAVY, CURRY SAUCE</b> .....	4oz • 3ea
<b>EXTRA SAUCE</b> .....	2oz • 2 ea
mayo, ranch, hot, medium, mild, honey garlic, sour cream, salsa	
<b>EXTRA TOPPINGS</b> .....	3 ea
cheddar, Swiss, mozzarella, bacon, jalapeños, sautéed mushrooms, sautéed onions or crispy onion	

## Desserts:

☒ <b>ICE CREAM</b> .....	1SCP 5 • 2SCPS 7
chocolate, raspberry or caramel syrup	
☒ <b>RICE PUDDING</b> .....	10
<b>APPLE BLOSSOM</b> .....	10
<b>PECAN PIE</b> .....	10
<b>CHOCOLATE GUINNESS CAKE</b> .....	10
<b>STICKY TOFFEE PUDDING</b> .....	10
☒ <b>REESES PEANUTBUTTER CHEESECAKE</b> .....	10
☒ <b>DOUBLE CHOCOLATE TORTE</b> .....	10
☒ <b>TURTLE CHEESECAKE</b> .....	10
<b>THREE LAYER CHOCOLATE CAKE</b> ....	10
<b>BELGIAN WAFFLE &amp; ICE CREAM</b> .....	10

## Pub Burgers:

All our burgers are hand made from 6oz Angus beef and grilled over an open flame. Topped with lettuce, tomato and pickle, served on a toasted sesame bun or gluten free bun.

Burgers served with choice of potato, soup, side salad or coleslaw. Substitute side with Caesar salad, Greek salad, Onion rings or Sweet potato fries for \$3.

**MAKE IT A DOUBLE!!!.....add a patty \$4.25**

☒ <b>TRADITIONAL</b> .....	18
☒ <b>SENIOR BURGER &amp; SIDE</b> .....	15

## Sandwiches & Wraps:

Sandwiches are served on your choice of white, whole wheat or rye bread, unless otherwise indicated.

Sandwiches and wraps served with choice of potato, soup, side salad or coleslaw. Substitute side with Caesar salad, Greek salad, Onion rings or Sweet potato fries for \$3.

☒ <b>B.L.T.</b> .....	17
Crisp bacon, lettuce and tomato with mayo.	
☒ <b>WESTERN SANDWICH</b> .....	18
Ham, peppers, green onions, with fresh eggs and grilled.	
☒ <b>TUNA MELT</b> .....	19
Tuna meat blended with celery, green onion, mayo with a hint of white vinegar. Topped with cheese and grilled golden brown.	
☒ <b>CLUBHOUSE</b> .....	21
Turkey breast, bacon, lettuce, tomato and cheddar cheese and mayo, triple decked.	
<b>CLASSIC REUBEN</b> .....	21
Montreal style smoked meat, Swiss cheese, German style sauerkraut, piled high on marbled rye and grilled to a golden brown.	
<b>STEAK SANDWICH</b> .....	21
6 oz New York strip steak with sautéed onions and mushrooms. Served on a hoagie with lettuce and tomato.	

☒ <b>PEANUT BUTTER &amp; BACON</b> .....	20
Crunchy peanut butter and bacon.	
☒ <b>MUSHROOM SWISS BURGER</b> .....	20
Sautéed mushrooms and Swiss cheese.	
☒ <b>BANQUET BURGER</b> .....	20
Sautéed mushrooms, cheddar cheese, bacon.	
☒ <b>BIG SMOKIE BURGER</b> .....	20
Cattleman's Smoky BBQ sauce, mozzarella and bacon.	
☒ <b>BRIT BURGER</b> .....	20
Sautéed onions, bacon, old cheddar cheese, onion rings and HP sauce.	

☒ <b>BEEF OFF THE ROAST</b> .....	21
Thin slices of roast beef, stacked high on a Kaiser bun or GF bun. Topped with Swiss cheese and served with Au Jus.	

<b>CONEY ISLAND HOT DOG</b> .....	20
A beef Frankfurter in a steamed bun, topped with a beanless chili sauce and topped with diced white onions and mustard.	

<b>PHILLY CHEESE STEAK</b> .....	21
Seasoned beef, smothered with onions, mushrooms and peppers. Topped with melted Swiss cheese on a hoagie bun.	

<b>SHRIMP &amp; CRAB MELT</b> .....	21
Surimi crab and baby shrimp combined with mayo and dill, on fresh garlic bread. Topped with cheese melted to a golden brown.	

<b>CLASSIC GYRO</b> .....	20
Greek style lamb and beef gyro meat, thinly sliced and served in a warm pita with lettuce, tomato, red onion and tzatziki sauce.	

<b>VEGGIE CAESAR WRAP</b> .....	15
Fresh romaine lettuce, parmesan cheese tossed with Caesar dressing and rolled in a flour tortilla.	

<b>CHICKEN CAESAR WRAP</b> .....	21
Grilled chicken and fresh romaine, tossed with Caesar dressing, bacon bits and parmesan cheese, rolled in a flour tortilla.	

## Sides:

Soup, Baked Potato (available after 5pm), French Fries, Potato Salad, Mashed, Rice, Garden Salad, Coleslaw

## Entrées:

AVAILABLE AFTER 5pm

☒ <b>BEEF LIVER</b> .....	1pc. 16 / 2pc. 19
Delicately seasoned and grilled, smothered with sautéed onions. Served with vegetables and choice of potato.	
<b>BEEF STUFFED YORKSHIRE PUDDING</b> .....	24
Traditional Yorkshire pudding filled with thinly sliced roast beef, smothered in rich gravy. Served with creamy whipped potato and fresh vegetables.	
☒ <b>CURRIED SHRIMP</b> .....	25
Plump, juicy jumbo Tiger shrimp, pan seared with onion, red and green peppers and simmered in a spicy curry sauce. Served on a bed of basmati rice with naan bread.	
☒ <b>RIB &amp; WING COMBO</b> .....	29
Half rack of our zesty ribs with 1lb wings. Served with fresh-cut fries, veggies and dip.	

☒ <b>BBQ RIBS</b> .....	Half 25 Full 30
Fall off the bone ribs, seasoned & sauced to perfection. Served with fresh-cut fries or salad.	
☒ <b>VEGETABLE CURRY</b> .....	20
A medley of vegetables, peppers and onions, simmered in a spicy curry sauce on basmati rice. Served with naan bread.	
☒ <b>PAD THAI</b> .....	25
Stir fried chicken, shrimp and vegetables simmered with rice noodles in a classic Thai sauce, topped with cashews.	
☒ <b>CHICKEN TIKKA MASALA</b> .....	25
The number one curry dish in the UK. Tender chunks of chicken & onion simmered in a mild curry sauce on a bed of basmati rice. Served with naan bread & onion bajhee.	

<b>BLUE CHEESE BURGER</b> .....	20
☒ Topped with crumbled blue cheese.	
<b>TURKEY BURGER</b> .....	20
Seasoned turkey patty topped with crispy onion and cranberry mayo.	

☒ <b>VEGETARIAN BURGER</b> .....	20
Tasty all veggie patty, grilled to perfection. With sautéed onions and mushrooms.	

<b>CRISPY CHICKEN SANDWICH</b> .....	21
Crispy breaded whole chicken breast, deep fried to a golden brown, served on a rustic burger bun with mayo, lettuce, tomato, and pickle.	

<b>VEGGIE QUESADILLA</b> .....	20
A soft flour tortilla filled with sautéed onion, peppers and a medley of vegetables. Served with salsa and sour cream.	

<b>CHICKEN QUESADILLA</b> .....	20
Flour tortilla filled with chicken, salsa, green onion and cheese, baked until crisp. Served with salsa and sour cream.	

<b>CHICKEN SHAWARMA QUESADILLA</b> .....	20
Flour tortilla filled with shawarma chicken, cheese, red onion, lettuce, tomato. Served with Greek yogurt sauce.	

<b>HALIFAX STYLE DONAIR</b> .....	20
An East Coast favourite version of the Turkish Doner Kebab. Marinated beef is sliced thin, grilled and served in a pita with tomatoes, onion and a sweet and garlicky sauce.	

<b>CHICKEN WAFFLE SANDWICH</b> .....	20
Perfect blend of Sweet & Heat! Breaded chicken tossed in hot sauce between two Belgian waffles and coleslaw.	

## Premium Sides:

Sweet Potato Fries, Onion Rings, Caesar Salad, Greek Salad

☒ <b>MEDITERRANEAN BAKED HADDOCK</b> .....	22
Haddock pan fried in butter and topped with a lemon-lime, cherry tomato and button onion compote. Served with choice of potato and fresh vegetable.	

☒ <b>LEMON PEPPER SALMON LOIN</b> .....	25
A prime cut of boneless salmon, coated in lemon pepper seasoning and pan seared. Served with choice of side dish and fresh vegetables.	

☒ <b>ROAST BEEF DINNER</b> .....	21
Thinly sliced roast beef, smothered in rich gravy. Served with choice of potato and fresh vegetables.	

<b>PORK TOMAHAWK CHOP</b> .....	22
10oz grilled pork chop served with your choice of potato and fresh vegetables. Topped with apple BBQ sauce	